

PE STATEMENT OF AIMS

THE AIM OF THE KS4 CURRICULUM IS TO DEVELOP...

SUCCESSFUL LEARNERS

The main aim of Core PE is to build on early experiences of KS3 to encourage lifelong participation in physical activity. Students will demonstrate the ability to select and apply the skills and tactics in their chosen activities. Student voice is implemented to empower all students and ensure that they develop their physical and mental wellbeing and are motivated to continue their enjoyment in competitive and/or recreational sport and physical activity upon leaving school. PE will build upon the soft skills in KS3 such as - teamwork, problem solving, communication, adaptability, resilience, critical thinking, organisation, time management, self-motivation, respect, empathy, listening skills - which will also be further developed through discussions in class and through the Unifrog CEIAG Platform.

CONFIDENT, INSPIRED INDIVIDUALS

Students are encouraged to work with others, feel supported and develop positive attitudes within physical activities. All students are encouraged to develop and demonstrate leadership skills within their chosen physical activity, across a variety of roles including, coaching, leading and officiating. Students also have the opportunity to attend extra curricular clubs and represent the school. Students will develop and hone soft skills, team sports may well top the list of character-building endeavours. Leadership, teamwork, communication, confidence, dealing with authority, coping with setbacks, managing conflict, focus and concentration, sense of identity, rule-following, empathy and self-discipline are just a sampling of the soft skills students work on every day in PE.

ASPIRING, RESPONSIBLE CITIZENS

To develop positive attitudes by demonstrating fair play, honest competition and good sporting behaviour as individual participants and team members. They will be inspired to continue to regularly take part in competitive sports and activities outside school through community links or sports clubs. These are skills will remain with students over the course of their professional and personal lives.

CURRICULUM MAP **KS4**

| | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
|------------|---|--|---|---|--|---|
| Y10 | <p><i>Can you develop your knowledge, skills and understanding in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Badminton • Benchball • Dodgeball • Football • Basketball • Fitness | <p><i>Can you develop a positive attitude and healthy, active lifestyle in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Badminton • Benchball • Dodgeball • Football • Basketball • Fitness | <p><i>Can you develop your knowledge, skills and understanding in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Badminton • Basketball • Benchball • Dodgeball • Fitness & Circuit • Football | <p><i>Can you develop a positive attitude and healthy, active lifestyle in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Fitness • Football • Dodgeball • Basketball • Benchball | <p><i>Can you develop your knowledge, skills and understanding in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Tennis • Rounders • Softball • Cricket • Football | <p><i>Can you develop a positive attitude and healthy, active lifestyle in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Boules • Football • Cricket • Softball • Rounders • Tennis |
| ASSESSMENT | AP1: Positive attitude to learning grades | AP2: Positive attitude to learning grades | AP3: Positive attitude to learning grades | AP4: Positive attitude to learning grades | AP5: Positive attitude to learning grades | AP6: Positive attitude to learning grades |
| Y11 | <p><i>Can you develop your knowledge, skills and understanding in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Badminton • Benchball • Dodgeball • Football • Basketball • Fitness | <p><i>Can you develop a positive attitude and healthy, active lifestyle in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Badminton • Benchball • Dodgeball • Football • Basketball • Fitness | <p><i>Can you develop your knowledge, skills and understanding in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Badminton • Basketball • Benchball • Dodgeball • Fitness and circuit • Football | <p><i>Can you develop a positive attitude and healthy, active lifestyle in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Fitness • Football • Dodgeball • Basketball • Benchball | <p><i>Can you develop your knowledge, skills and understanding in competitive or non-competitive activities?</i></p> <ul style="list-style-type: none"> • Tennis • Rounders • Softball • Cricket • Football | |
| ASSESSMENT | AP1: Positive attitude to learning grades | AP2: Positive attitude to learning grades | AP3: Positive attitude to learning grades | AP4: Positive attitude to learning grades | AP5: Positive attitude to learning grades | |