

# PE STATEMENT OF AIMS

## THE AIM OF THE KS3 CURRICULUM IS TO DEVELOP...

### SUCCESSFUL LEARNERS

KS3 PE is a practical subject with the main aim to encourage lifelong participation and enjoyment in physical activity. Students develop techniques and improve performance in a range of physical activities, enabling them to develop their confidence, knowledge and understanding. Using tactics and strategies to overcome opponents is also a large part of the curriculum, delivered to all KS3 learners. PE will build upon the soft skills required to make students successful, such as - teamwork, problem solving, communication, adaptability, resilience, critical thinking, organisation, time management, self-motivation, respect, empathy, listening skills - which will also be developed through discussions in class and through the Unifrog CEIAG Platform.

### CONFIDENT, INSPIRED INDIVIDUALS

Students are encouraged to actively take part in all practical activities in a variety of roles and to be confident and feel supported. Students also have the opportunity to attend extra-curricular clubs and represent the school. Students will show commitment to attending extra-curricular activities as participants and Sports Leaders. They will have opportunities to gain recognised qualifications and awards to enhance their CV and future career opportunities.

### ASPIRING, RESPONSIBLE CITIZENS

Students are encouraged to follow the values of sportsmanship, fair play, respect and inclusion. We have selected practical activities which students can pursue within the local community should they demonstrate high levels of aptitude or enjoyment. They will be able to look at volunteering and employment opportunities in the local and wider community in which they can showcase these values.

## CURRICULUM MAP KS3

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2	2 WEEKS
Y7 Y8 & Y9	Gymnastics (Year 9 Badminton) Rugby Football (Boys) Netball (Girls) Fitness		Badminton Basketball Fitness Suite Fitness Circuits		Athletics (Year 9 Tennis) Cricket Football (Girls) Netball (Boys) Softball (Boys) Rounders (Girls)		Trampolining  Tennis (Yr 7/8)
ASSESSMENT	AP1 Fitness H/W: Extra-curricular clubs		AP2 Basketball H/W: Extra-curricular clubs		AP3 Cricket H/W: Extra-curricular clubs		

## CURRICULUM MAP KS3 WET WEATHER

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
	5-a-side Fitness Table Tennis Handball Indoor cricket games Dodgeball / Benchball		5-a-side Fitness Table Tennis Handball Indoor cricket games Dodgeball / Benchball		5-a-side Fitness Table Tennis Handball Indoor cricket games Dodgeball / Benchball	