

# WEEK 1 MENU

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	RICE BOX	RICE BOX
<b>MON</b>	<b>Curried Chicken and Coriander</b> 🌿 Served with Wholegrain Rice and Vegetables	<b>Roasted Rainbow Vegetables</b> ♻️ ❤️
	BURGER BAR	BURGER BAR
<b>TUE</b>	<b>Double Beef Burger</b> Served with Chipotle Wedges and Corn on the Cob	<b>Veggie Burger</b> ♻️ Served with Chipotle Wedges and Corn on the Cob
	HOT DELI	
<b>WED</b>	<b>Roast Chicken</b> Served with Roast Potatoes, Vegetables and Gravy	<b>Sticky BBQ Quorn Pitta</b> ♻️ Served with Mixed Salad
	MAC SHACK	MAC SHACK
<b>THUR</b>	<b>Macaroni Cheese</b> ♻️ Served with Roasted Beetroot and Chickpea Salad and Crispy Onions	<b>Macaroni Cheese with Crispy Bacon</b> Served with Roasted Beetroot and Chickpea Salad and Crispy Onions
	FRIDAY FAVOURITES	
<b>FRI</b>	<b>Southern Fried Chicken Goujons</b> Served with Chips, Baked Beans and Peas	<b>Quorn Sausage Roll</b> ♻️ Served with Chips, Baked Beans and Peas

- HOT DISHES:**
- Paninis
  - Pasta and Sauces
  - Freshly Baked Pizza
  - Soup and Bread
  - Jacket Potato and Toppings
- SALADS:**
- Tuna and Sweetcorn Pasta Salad
  - Pesto Pasta Salad 🌿 ♻️
  - Roasted Indian Chickpea Salad ❤️ ♻️
- SANDWICHES/BAGUETTES:**
- Ham and Cheese Sandwich
  - Chicken Salad Sandwich
  - Cheese Baguette ♻️
  - Tuna Mayo Baguette
  - BLT Baguette
- WRAPS:**
- Pepper and Houmous Wrap ♻️ 🌿
  - BBQ Chicken Wrap 🌿
  - Chicken Caesar Wrap 🌿

# WEEK 2 MENU

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	CLASSICS	CLASSICS
<b>MON</b>	<b>Sausage and Mash</b> Served with Vegetables and Gravy	<b>Vegetarian Sausage and Mash</b>   Served with Vegetables and Gravy
	PAN-ASIAN	PAN-ASIAN
<b>TUE</b>	<b>Mandarin Chicken</b>  Served with Wholegrain Rice, Peas and Crunchy Slaw	<b>Vegetable Donburi</b>  Served with Peas and Crunchy Slaw
	HOT DELI	
<b>WED</b>	<b>Roast Pork</b> Served with Roast Potatoes, Vegetables and Gravy	<b>Korean BBQ Quorn Sub</b>  Served with Chipotle Wedges, Coleslaw and Sweetcorn
	LOADED NACHOS	LOADED NACHOS
<b>THUR</b>	<b>Pulled Tex Mex Chicken Nachos</b> Served with Mixed Salad and Salsa	<b>Chilli No Carne Nachos</b>   Served with Mixed Salad and Salsa
	FRIDAY FAVOURITES	
<b>FRI</b>	<b>Southern Fried Chicken Goujons</b> Served with Chips, Baked Beans and Peas	<b>Cheese and Onion Pasty</b>  Served with Chips, Baked Beans and Peas

**HOT DISHES:**

- Paninis
- Pasta and Sauces
- Freshly Baked Pizza
- Soup and Bread
- Jacket Potato and Toppings

**SALADS:**

- Tuna and Sweetcorn Pasta Salad
- Pesto Pasta Salad  
- Roasted Indian Chickpea Salad  

**SANDWICHES/BAGUETTES:**

- Ham and Cheese Sandwich
- Chicken Salad Sandwich
- Cheese Baguette 
- Tuna Mayo Baguette
- BLT Baguette

**WRAPS:**

- Pepper and Houmous Wrap  
- BBQ Chicken Wrap 
- Chicken Caesar Wrap 

# WEEK 3 MENU

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	HOT DOGS	HOT DOGS
<b>MON</b>	<b>Classic New Yorker Hot Dog</b> Served with Chipotle Wedges and American Slaw	<b>Tropical Sunshine Hot Dog</b> ♻️ 🍷 Served with Chipotle Wedges and American Slaw
	STREET FOOD	STREET FOOD
<b>TUE</b>	<b>Buffalo Chicken</b> Served with Baked Garlic and Herb Wedges and Mixed Salad	<b>Quorn Shawarma Pitta Pocket</b> ♻️ Served with Mixed Salad
	CLASSICS	
<b>WED</b>	<b>Roast Chicken</b> Served with Roast Potatoes, Vegetables and Gravy	<b>Roast Veggie Balls</b> ♻️ Served with Mashed Potato, Peas and Gravy
	BUDDHA BOX	BUDDHA BOX
<b>THUR</b>	<b>Nut-free Chicken Satay Buddha Box</b> 🌱 Served with Wholegrain Rice and Mixed Salad	<b>Roast Butternut Squash, Chickpea and Broccoli Buddha Box</b> ♻️ 🍷 🌱
	FRIDAY FAVOURITES	
<b>FRI</b>	<b>Southern Fried Chicken Goujons</b> Served with Chips, Baked Beans and Peas	<b>Vegetable Fajita</b> ♻️ 🌱 Served with Chips, Baked Beans and Peas

- HOT DISHES:**
- Paninis
  - Pasta and Sauces
  - Freshly Baked Pizza
  - Soup and Bread
  - Jacket Potato and Toppings
- SALADS:**
- Tuna and Sweetcorn Pasta Salad
  - Pesto Pasta Salad 🌱 ♻️
  - Roasted Indian Chickpea Salad 🍷 ♻️
- SANDWICHES/BAGUETTES:**
- Ham and Cheese Sandwich
  - Chicken Salad Sandwich
  - Cheese Baguette ♻️
  - Tuna Mayo Baguette
  - BLT Baguette
- WRAPS:**
- Pepper and Houmous Wrap ♻️ 🌱
  - BBQ Chicken Wrap 🌱
  - Chicken Caesar Wrap 🌱